

# Central Asia

a Lonely Planet travel survival kit

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*J.K.*



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# Contents

<b>INTRODUCTION</b> .....	<b>9</b>
<b>FACTS ABOUT THE REGION</b> .....	<b>11</b>
History .....	11
Geography .....	37
Climate .....	38
Flora & Fauna.....	41
Government .....	43
Economy .....	45
Environment .....	48
Population & People.....	55
Education .....	60
Arts.....	61
Society & Conduct.....	65
Religion.....	67
<b>FACTS FOR THE VISITOR</b> .....	<b>72</b>
Planning .....	72
Highlights .....	74
Tourist Offices .....	75
Visas & Embassies .....	76
Documents.....	93
Customs .....	93
Money .....	95
Post & Communications .....	101
Books.....	103
Newspapers & Magazines.....	107
Radio & TV .....	107
Photography.....	108
Time .....	109
Electricity.....	110
Weights & Measures.....	110
Laundry.....	110
Health.....	110
Toilets.....	120
Public Baths.....	120
Women Travellers.....	120
Useful Organisations .....	121
Dangers & Annoyances.....	122
Business Hours .....	127
Public Holidays & Special Events .....	128
Activities .....	130
Accommodation.....	131
Food .....	134
Drink .....	143
Entertainment.....	145
Things to Buy.....	145
<b>GETTING THERE &amp; AWAY</b> .....	<b>147</b>
Air.....	147
Train.....	156
Overland .....	159
Boat.....	161
Travel & Visa Agencies .....	161
Warning.....	165
<b>GETTING AROUND</b> .....	<b>166</b>
Air.....	166
Bus.....	168
Train.....	169
Car.....	170
Hitching.....	171
Local Transport.....	171
<b>KAZAKSTAN</b> .....	<b>173</b>
<b>Almaty</b> .....	<b>185</b>
Places to Stay .....	196
Places to Eat .....	198
Around Almaty .....	206
<b>South-East Kazakhstan</b> .....	<b>210</b>
The Zailiysky Alatau & Küngey Alatau .....	210
Köl-Say Lakes .....	212
Charyn Canyon .....	213
Karkara Valley.....	213
Lake Qapshaghay, the Ili River & Lake Balqash.....	214
China-Kazakhstan by Road.....	214
Taldy-Qorghan & the Zhungar Alatau .....	215
China-Kazakhstan by Rail.....	216
<b>Southern Kazakhstan</b> .....	<b>218</b>
Zhambyl .....	218
Around Zhambyl .....	222
Aqsu-Zhabaghly Nature Reserve .....	222
Shymkent .....	223
Around Shymkent.....	226
Turkistan .....	227
Qyzylorda .....	229
Baykonur Cosmodrome & Leninsk .....	229
Aralsk.....	231
<b>Western Kazakhstan</b> .....	<b>231</b>
Aqtöbe.....	231
Atyrau .....	232
Aqtau.....	233
<b>Northern Kazakhstan</b> .....	<b>236</b>
Semey.....	237
Around Semey .....	242
Öskemen .....	243
Altay Mountains .....	243
Crossing to China at Bakhty & Maykapchigay.....	244
Pavlodar .....	244
Around Pavlodar.....	244
Qaraghandy .....	245
Aqmola.....	246
Around Aqmola .....	247
Kökshetau & Lake Burabay .....	247
Petropavl .....	248
Qostanay .....	249
<b>UZBEKISTAN</b> .....	<b>251</b>
Tashkent.....	260
Around Tashkent .....	280
<b>Ferghana Valley</b> .....	<b>282</b>
Kokand .....	285
Ferghana .....	288
Marghilan.....	291
Rishton .....	292
Kuva .....	293
Shakhimardan .....	293
Andijan.....	294
Osh & Jalal-Abad .....	296
Khojand.....	296



<b>South-East Uzbekistan</b> .....	296	Around Bukhara .....	325	Around Urgench .....	335
Samarkand .....	296	Qarshi .....	328	Khiva .....	336
Around Samarkand .....	308	Termez .....	329	Nukus .....	345
Shakhrisabz .....	310	<b>Western Uzbekistan</b> .....	<b>332</b>	Hojeli .....	348
Bukhara .....	313	Urgench .....	332	Moynaq .....	348
<b>KYRGYZSTAN</b> .....					<b>350</b>
<b>Bishkek</b> .....	<b>358</b>	Around Karakol .....	387	Naryn to Jalal-Abad .....	404
Places to Stay .....	365	The Karkara Valley .....	390	Naryn to Torugart.....	405
<b>Lake Issyk-kul &amp; the</b>		Barskoön .....	393	The Torugart Pass .....	406
<b>Central Tian Shan</b> .....	<b>374</b>	Trekking Around Issyk-kul.....	394	Torugart to Kashgar .....	408
Balykchy .....	379	The Central Tian Shan .....	395	<b>Bishkek to Osh &amp; The</b>	
Cholpon-Ata & Around .....	379	<b>Bishkek to Kashgar via</b>		<b>Kyrgyz Ferghana Valley</b> ..	<b>408</b>
Semyonovka & Ananyevo.....	381	<b>the Torugart Pass</b> .....	<b>397</b>	Osh .....	413
Around Belovodsk .....	381	Bishkek to Naryn .....	401	Özgön .....	419
Karakol .....	382	Naryn .....	402	The Kyzyl-Suu Valley .....	419
<b>TAJIKISTAN</b> .....					<b>421</b>
<b>Dushanbe</b> .....	<b>428</b>	Khojand .....	437	Khorog .....	442
Around Dushanbe .....	435	Penjikent .....	439	The Pamir Highway .....	443
<b>Northern Tajikistan</b> .....	<b>436</b>	<b>The Pamirs</b> .....	<b>439</b>		
<b>TURKMENISTAN</b> .....					<b>445</b>
<b>Ashgabat</b> .....	<b>452</b>	Saraghs .....	468	Charjou .....	475
Around Ashgabat .....	462	Mary .....	469	Repetek Desert Reserve .....	477
<b>Western Turkmenistan &amp;</b>		Merv .....	471	Gaurdak .....	477
<b>the Caspian</b> .....	<b>464</b>	Bairam Ali .....	474	<b>Northern Turkmenistan</b> ...	<b>477</b>
Turkmenbashi .....	464	Tagtabazar .....	474	Dashkhovuz .....	477
Nebit Dag .....	467	Kushka .....	474		
<b>Eastern Turkmenistan</b> .....	<b>468</b>	Badkhyz .....	475		
<b>WESTERN XINJIANG &amp; THE KARAKORAM HIGHWAY</b> .....					<b>482</b>
Ürümqi .....	486	The Khunjerab Pass .....	500	Around Gilgit .....	512
Kashgar .....	490	Gojal .....	501		
Kashgar to the Khunjerab		Hunza & Nagar .....	503		
Pass .....	498	Gilgit .....	507		
<b>LANGUAGE GUIDE</b> .....					<b>514</b>
Useful Books .....	514	Tajik .....	519	Uyghur, Urdu & the	
Russian .....	514	Turkmen .....	519	Languages of the Karakoram	
Kazak .....	518	Uzbek .....	521	Highway .....	522
Kyrgyz .....	518	Mandarin Chinese .....	521		
<b>GLOSSARY</b> .....					<b>524</b>
<b>INDEX</b> .....					<b>527</b>
Maps .....	527	Text .....	527		



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This guide reveals Central Asia as a vast region of both cultural and physical extremes, from Islamic mosques and minarets to the surreal landscape of steppes, deserts and mountains. Discover the ancient towns of Samarkand, Bukhara and Khiva, shop for rugs and embroidered robes in the many bazars and experience the local culture in traditional tea houses.

- first truly comprehensive travel guide to this remote region where East meets West
- includes the republics of Uzbekistan, Turkmenistan, Tajikistan, Kyrgyzstan and Kazakhstan, plus western Xinjiang and the northern Karakoram Highway
- 50 maps
- detailed advice on obtaining visas and dealing with bureaucracy
- extensive historical background, including the formative influence of the Silk Road

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